

VOLUNTARY HEALTH INSURANCE

If you would like to conclude a voluntary health insurance in the National Health Fund (NFZ), please read this short instruction that will certainly make this process easier.

1. Download the following documents from "Download Files":

- an application form for voluntary health insurance;
- a statement;
- an information clause;
- a ZUS ZZA print (for you) and a ZUS ZCNA (if you report family members for insurance).

Complete the application form, a ZUS ZZA form (ZUS ZCNA if applicable) and sign the declaration and information clause. Please, sign each of these four documents legibly, with your full name and surname and indicate today's date on them.

NOTE! Please, write your e-mail address in the application form.

2. **If you are a non-EU/EFTA student, it is necessary to enclose additional documents** to the application form, a statement, a clause and a ZUS ZZA form (a list of documents you will find in "Download Files"; "Information for non EU/EFTA students").
3. **You can put the completed and signed documents into the application box located in our office at 35 Targowa Street in Łódź or in the LOW NFZ Delegations in Piotrków Trybunalski, Sieradz or Skierniewice.**
4. **You can also send documents:**
 - by post to the address: **Łódzki Oddział Wojewódzki NFZ ul. Kopcińskiego 58, 90-032 Łódź**
 - by e-mail to: kancelaria@nfz-lodz.pl
 - through the ePUAP, the cache address: **ePUAP: /g2s1or6i3h/SkrytkaESP**
5. Within 14 working days, after you have submitted your documents, we will contact you by an e-mail or telephone.
6. Please, send all supplements to the application to the following e-mail address: kancelaria@nfz-lodz.pl **with a note on the subject of the message: ubezpieczenie dobrowolne.**

We will make every effort to inform you as soon as possible about the stage of your application and whether it needs to be completed on your part.

NOTE!

After 14 business days from the day you submit your documents, you can call **(42) 275 41 66** or send us an-email at: kancelaria@nfz-lodz.pl and get information about the status of your application.